

**Fatigue Management Policy - Issue 6 (01-2019)****Fatigue Management Policy Statement**

This Fatigue Management Policy Statement is applicable to all CR Civil Engineering Ltd employees engaged in activities that involve work on or near the railway infrastructure.

CR Civil Engineering Ltd will ensure that the requirements of this policy are fully communicated to all sponsored members of staff during their initial new starter induction and at regular intervals throughout the course of their employment.

The Company has a documented Fatigue Management procedure that defines the process, responsibilities and arrangements for ensuring compliance with the requirements of relevant Railway Group and Network Rail Company Standards and associated legislation.

Control measures adopted by the Company include:

- Not work more than 14 hours, including travelling time to and from work sites, in any one shift (or other lesser period) as appropriate to the health and safety requirements for the particular task to be undertaken.
- Not work more than 72 hours within 7 consecutive days.
- Have a minimum rest period of 12 hours between consecutive shifts.
- Not work more than 13 periods of duty within any 14 consecutive days.

The Company shall ensure that all works are planned appropriately to eliminate the risk of any of the above requirements being breached or exceeded. All breaches of the policy will be tackled promptly and with sufficient resources, to ensure that they are dealt with adequately.

This policy shall be reviewed for its effectiveness and suitability at least annually as part of the Management Review process.

This statement represents my commitment on behalf of the Company.



David Vyron Carl Roberts  
Managing Director